



Cohort One Calendar

Online sessions run for one week each; participants can access the content and complete the work at their own pace during each week.

Nov 20, 2020 6 to 7:30pm	Live Zoom	Session 1— Welcome —Orientation
Sat Nov. 21 9am to 12 noon Check-in time 8:45	Live Zoom	Session 2— Discipleship
		Thanksgiving
Nov 30- Dec 6	Online	Session 3— Evangelization
Monday Dec. 7—7 to 9 PM	Live Zoom	<i>Integration 1 – Lectio Divina Prayer, prayer experience</i>
Dec 7 -13	Online	Session 4— Faith
Dec. 14-20	Online	Session 5— Bible
		Christmas Break
Jan 4-10, 2021	Online	Session 6— Old Testament and New Testament Introduction
Monday Jan 11—7 to 9 PM	Live Zoom	Integration 2 - Jesus' Prayer - prayer experience
Jan 11 -17	Online	Session 7— Jesus
Jan 18-24	Online	Session 8— Salvation
Jan 25-31	Online	Session 9— Spirit
Feb 1- 7	Online	Session 10— Church
Monday Feb 8—7 to 9 PM	Live Zoom	Integration 3 – Litany of Saints —Prayer experience
Feb 8-14	Online	Session 11— Liturgy
Feb 15-21	Online	Session 12— Sacraments
Feb 22-28	Online	Session 13— Eucharist
Monday Mar 1 7 to 9 PM	Live Zoom	Integration 4 – Liturgy of the Hours —Prayer experience
Mar 8-14	Online	Session 14— Grace
Mar 15-21	Online	Session 15— Love
Mar. 22-28	Online	Session 16— Holiness
		Holy Week—Celebrate Easter April 4, 2021
Apr. 5- 11	Online	Session 17— Justice
Monday Apr 12 7 to 9 PM	Live Zoom	Integration 5 – Ignatian Spirituality approach – Visio Divina prayer —Prayer experience
Sat. Apr. 17 9am to 12 noon	Live Zoom	Session 18— Vocation– Guided Meditation —Prayer experience
Apr 19-25	Online	Session 19— Relationships
Monday May 3 7 to 9 PM	Live Zoom	Final Integration – Spontaneous Prayer



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